

MEDICATION INFORMATION & INSTRUCTIONS

You will receive prescriptions when you schedule your surgery. You should have them filled prior to your surgery and begin taking them as indicated.

**Over-the-Counter
Multi-Vitamin**

Multi-vitamins are used to help diminish the amount of swelling and discoloration following surgery.

**Over-the-Counter
Vitamin C, 500mg**

This will help the healing process. Take one tablet twice a day beginning ten days before surgery.

Omnicef
(Cefdinir)

This is the antibiotic of choice. You will start taking this the night before surgery and continue according to prescription direction. Remember do not take an antibiotic on an empty stomach.

Medrol Dose Pak
(Methylprednisolone)

This medication reduces post-operative swelling. Take entire daily dosage each morning, beginning the day of surgery, until finished.

***Ambien**
(Zolpidem Tartrate)

This medication is used to help you sleep. Take one capsule one hour prior to bedtime, if needed. (May be substituted with Dalmane, generic name Xlurazepam Hydrochloride) If needed, you may take one the night before surgery to help you sleep.

***Darvocet-N 100**
(Propoxyphene Napsylate)

This medication is used to relieve mild post-operative pain that is not relieved with other over the counter pain medications. You may take one to two pills every four to six hours, as needed.

***Panlor OR Percocet**
(Percocet generic:
Oxycodone HCL/Acetaminophen)

This medication is used to relieve moderate post-operative pain that is not relieved with your mild pain medication (Darvocet-N 100). You should take this as indicated the first two days following surgery every four to six hours, as needed. Do not take on an empty stomach.

***DO NOT DRIVE OR OPERATE MACHINERY WHILE TAKING ANY OF THESE MEDICATIONS - THEY MAY CAUSE DROWSINESS.**

MEDICATION REFERENCE LIST

Over the counter medications that may be used immediately before and after surgery.

Tylenol Products
Panadol Products
Anacin-3 (a non-aspirin, sodium-free product)
Aspirin-free Excedrin
Any Acetaminophen Product

Because aspirin increases one's bleeding tendency, aspirin-containing products must be avoided for 1 week prior to surgery. The following are products which contain aspirin:

Alka Selzer	Bufferin	Fiorinal w/Codeine
A.P.C. w/Codeine, Tabloid Brand	Bufferin w/Codeine #3	Gemisyn Tablets
Anacin Analgesic Capsules	Cama Arthritis Pain Formula	Hyco-Pap
Anacin Analgesic Tablets	Congespirin	Maximum Bayer Aspirin
Anacin Maximum Strength Analgesic Tabs	Cospirin	Mepro Compound Tablets
Arthritis Bayer Timed Released Aspirin	Cosprin 650	Methocarbamol w/Aspirin Tabs
Anacin Arthritis Pain Formula	Darvon w/Aspirin	Midol
Arthritis Strength Bufferin	Darvon-N w/Aspirin	Norgesic and Norgesic Forte
Ascriptin	Di-Gesic	Oxycodone Hydrochloride
Ascriptin AD	Double-A Tablets	Oxycodone Terephthylate & Aspirin
Ascriptin w/Codeine	Easprin	Percodan & Percodan-Demi Tabs
Aspirin Suppositories	Ecotin Duentric Coated Tabs	Propoxyphene Compound 65
Aspirin w/Codeine Tabs	Ecotin Max Strength Tabs	Robaxinal Tabs
Aspirin 325mg w/Codeine Tabs	Ecotrin Reg Strength Caps	SK-Oxycodone with Aspirin Tabs
Axotal	Empirin w/Codeine	SK-65 Compound Caps
Bayer Aspirin	Equagesic	Synalgo-DC Caps
Bayer's Chewable Aspirin	Excedrin Extra-Strength	Talwin Compound
Bayer's Cold Tabs	Extra-Strength Bufferin Caps/Tabs	Vanquish
Buff-A-Comp Tabs	4-Way Cold Tabs	Verin
Buff-A-Comp #3 Tabs	Fiorinal	Zorprin
	Ibuprofen	

The following medications also prolong bleeding and should be avoided three weeks prior to surgery.

Acthar	Clinoril	Nalfon	Orabase	Tandearil
Advil	Feldene	Naprosyn	Oscalgesic	Tolectin
Anaprox	Indocin	Naproxen	Oxalid	
Azolid	Meclomen	Niacin	Plaquenil	
Butazolidin	Motrin	Nuprin	Rufen	