

## Following your surgery:

This sheet was furnished to aid in the first 24 hours after surgery. It should answer any questions or concerns that might arise. If you have additional questions or concerns, you may refer to your “Immediately After Surgery Sheet” for more details and/or directions. This sheet is located in your pre-operative packet. If you have persistent problems, please feel free to contact the Griffin Center at (404) 256-4369 during normal business hours, or you may contact Dr. Griffin at home (770) 396-1707 or cellular (770) 329-7555.

- Please take your post-operative medications with food to prevent stomach irritation. Spicy foods may irritate your stomach or cause nausea.
- Spray “Blue” Copper solution on graft sites every 15 minutes while awake for  
To prevent swelling, sleep with your head elevated on two pillows or at a 45° angle.
- Since no dressing is used, expect some ‘spot’ drainage in the donor area.  
Use the blue drape provided to protect your pillow, white side up.
- If a dressing is used, do not remove any of the dressing including the knit cap.
- Please refrain from strenuous activity including bending and lifting.  
\*REMEMBER\* No Alcohol or Aspirin for two days.
- Tomorrow return to suite 169 at \_\_\_\_\_ for your scalp shampoo. If you have taken pain medication before your appointment, you must have someone to drive you.